



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

VERTICAL ZONE CAMPER COLLECTIVE COMMITMENT

Vertical Zone Trampoline Club Day Camp is a safe, caring community where individual differences are valued, where people are supported in reaching their goals and accomplishing challenges, and where everyone can have fun. Because creating such a community requires the commitment of all participants, we ask everyone to agree to the behaviour expectations listed below.

Campers and parents/guardians should review and discuss these expectations together. At camp we refer to them as the '3Rs':

I Will Show Respect For Others

- I will respect other people's ideas and values, even if they are different from my own.
- All of my actions and language will have a positive impact on others in the Vertical Zone community.
- I understand that any behaviour that could harm (physically or emotionally) a camper or staff member, or which is disrespectful, is unacceptable at Vertical Zone Day Camp.

I Will Show Respect For Myself

- I will make the most of learning opportunities at Vertical Zone Day Camp by participating fully in camp activities, and I will try new things and have a positive attitude.
- I will not allow exclusive relationships (like those with friends from home or school) to prevent me from getting to know other people at camp, or from including others in activities.
- I will stay with my coach and group while at camp. If I need to leave the group, I will always ask my coach and choose a buddy to accompany me, so that I follow the "CRUISE IN TWOS" rule when not under direct coach supervision (e.g. bathroom breaks).

I Will Show Respect For The Environment And Camp Facilities

- I will not bring my cellular phone, music player, personal gaming devices, iPads/tablets, or other electronics to camp, because they detract from enjoyment of and interaction with others.
- I will be respectful of the facilities and will always clean up after myself.
- I will pick up litter, and not damage or remove anything from the Vertical Zone facilities without coach permission.
- I will take care of Vertical Zone Day Camp's facilities, program supplies, and equipment.

If a camper has difficulty adhering to our Collective Commitment, Vertical Zone will:

- Remind the camper of expected behaviour.
- Review the Collective Commitment above.
- Discuss ways staff members can support the camper in making necessary behaviour improvements.

If a pattern of inappropriate behaviour continues, Vertical Zone Day Camp staff will work with the camper to set specific, appropriate behaviour goals and outline consequences for continued inappropriate behaviour. Vertical Zone Day Camp may ask parents/guardians for suggestions to help improve behaviour or create a written behaviour contract.

Continued inappropriate behaviour or severely inappropriate behaviour (such as physical or emotional violence, bullying, or possession of prohibited items) will result in immediate dismissal from camp and forfeiture of camp fees. The parent/guardian is responsible for picking up a dismissed camper immediately.

We ask both the camper and the parent/guardian read the Collective Commitment together and acknowledge and accept the responsibility to meet these expectations.

By signing below, I verify that my camper(s) and parent/guardian have reviewed, understood and agreed to the terms outlined in Vertical Zone Day Camp's Collective Commitment.

CAMPER NAME (printed)

CAMPER SIGNATURE

PARENT/GUARDIAN SIGNATURE

DATE