



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

FALL 2023 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50	5-5:50	6-6:50	7-7:50	8 - 8:50	COSTS
MONDAY Sept 11- Dec 18 14 classes	FSS 8-10YO (4:25-5:15)		COMPETITIVE TEAM		FSS 11+	\$276.50
	COMPETITIVE TEAM TRAINING					
TUESDAY Sept 12 - Dec 19 14 classes	Parent & Tot	TRA 7/9	TRA 10/12	TRA 13-15	TRA 10/12	\$276.50
	Active 3s	TRA 5/6	TRA 7/9	TRA 10/12	TRA 13+	
	Active 4s					
WEDNESDAY Sept 13 - Dec 13 14 classes	*ADV REC 8-10 (4:30-5:50)		TRA 7/9	*ADV REC 11+ (7 - 8:20)		\$276.50 *427.00
	*Coach recommendation required for ADV REC					
	COMPETITIVE TEAM TRAINING					
THURSDAY Sept 14 - Dec 14 14 classes	Active 3-4s	GN 7/9	FSS 11+	*ADV REC 10-12 (7-8:20)		\$276.50 *427.00
	GN 5/6	GN 10/12	COMPETITIVE TEAM TRAINING & ELITE			
FRIDAY Sept 15 - Dec 15 14 classes	Active 3-4s	GN 5/6	GN 7/9	TRA 13+15		\$276.50
	GN 5/6	GN 7/9	GN 5/6	GN 10/12		

WEEKEND SCHEDULE

	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	COSTS
SATURDAY Sept 9 - Dec 16 14 classes	Parent & Tot	TRA 5/6	TRA 7/9	TRA 10+	Parties &	\$276.50
	Active 3s	TRA 7/9	TRA 10/12	TRA 5/6	PAYG at 1:30	
	Active 4s					
SUNDAY	Open for Birthday Parties & Public Pay-As-You-Go					

LEGEND:
 FSS = Freestyle Ski & Snowboard
 GN = Go Ninja
 TRA = Trampoline Gymnastics (Beginner/ Intermediate)
 ADV REC = Advanced Recreational (Athletes should already to learning proper inversions)
 PAYG = Pay-As-You-Go (20% Discount for those registered in 2022/23 Rec or Comp classes)

NOTES:
 All costs are subject to HST
NO CLASSES: Sat-Mon of Thanksgiving & Tues Oct 31st for Hallowe'en
 2023/2024 GO Fees are due as of July 1st 2023
 Credit will be applied for any classes cancelled due to inclement weather/ facility issues
 Choice of credit or refund will be applied for government mandated closures (less GO fee)
 VZ is unable to provide make up classes or credit for classes missed for personal reasons

Updated July 10

REGISTRATION OPENS July 10th!