



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

SUMMER 2024 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50	5-5:50	6-6:50	7-7:50	8 - 8:50	COSTS
MONDAY July 8 - August 26 7 classes		FSS 8+	*ADV FSS 11+ (6:00-7:20)			\$124.50 *\$192.00
	COMPETITIVE TEAM TRAINING					
TUESDAY July 2 - August 27 9 classes		Active 3-4s	TRA 7/9	TRA 10/12		\$166.00
		GN 5/6	GN 7/9	GN 10/12		
WEDNESDAY July 3 - August 28 9 classes		TRA 5/6		TRA 13+ (7:30-8:20)		\$166.00 *\$256.00
			*ADV REC 10+ (6:00-7:20)			
	COMPETITIVE TEAM TRAINING					
THURSDAY						
FRIDAY						

WEEKEND SCHEDULE

	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	COSTS
SATURDAY						
SUNDAY						

LEGEND: FSS = Freestyle Ski & Snowboard
GN = Go Ninja
TRA = Trampoline Gymnastics (Beginner/ Intermediate)
ADV REC = Advanced Recreational (Athletes should already to learning proper inversions)

NOTES: All costs are subject to HST
NO CLASSES: Monday, July 1 or Monday, August 5th
2024/2025 GO Fees are due as of July 1st 2024
Credit will be applied for any classes cancelled due to inclement weather/ facility issues
VZ is unable to provide make up classes or credit for classes missed for personal reasons
Summer pricing! Monday - Pay for 6 classes and get 7! Tuesday & Wednesday - Pay for 8 classes and get 9!

Updated May 10

REGISTRATION OPENS Friday, May 17th @9am!