



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

WINTER 2025 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50	5-5:50	6-6:50	7-7:50	8 - 8:50	COSTS
MONDAY January 6 - March 24 10 classes	TRA 7/9 (4:30-5:20) PAYG - FSS friendly (3-3:50)			*ADV FSS 10+ (7:30 - 8:50)		\$230.00 *\$352.50 (Monday: 10 classes)
COMPETITIVE TEAM TRAINING						
TUESDAY January 7 - March 25 11 classes	Parent & Tot Active 3-4s TRA 5/6	Active 3s Active 4s TRA 5/6	TRA 10/12 TRA 7/9	TRA 13+ TRA 10/12		\$253.00
WEDNESDAY January 8 - March 26 11 classes	*ADV REC 10+ (4:30-5:50)		*ADV REC 10+ (6:00-7:20)		*ADV FSS 10+ (7:30 - 8:50)	*\$387.75
Recommendation required for ADV REC						
COMPETITIVE TEAM TRAINING						
THURSDAY January 9 - March 27 11 classes	Active 3-4s GN 5/6	GN 7/9 GN 10/12	TRA 7/9	COMPETITIVE TEAM TRAINING		\$253.00
FRIDAY January 10 - March 28 11 classes	Active 3-4s GN 5/6	GN 5/6 GN 7/9	GN 7/9 GN 10/12	PAYG - FSS friendly (7-7:50) TRA 10+		\$253.00

WEEKEND SCHEDULE

	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	COSTS
SATURDAY January 11 - March 29 11 classes	Parent & Tot Active 3s Active 4s	TRA 5/6 Parent & Tot	TRA 10/12 GN 5/6	GN 7/9 TRA 10+	Parties & PAYG at 1:30	\$253.00
SUNDAY	Open for Birthday Parties & Public Pay-As-You-Go					

LEGEND:

FSS = Freestyle Ski & Snowboard
GN = Go Ninja recreational class
TRA = Trampoline Gymnastics recreational class (Beginner/ Intermediate level)
ADV REC = Advanced level recreational class (Athletes should already be learning proper inversions)
PAYG = Pay-As-You-Go

NOTES:

All costs are subject to HST
NO CLASSES: Monday, February 17th - FAMILY DAY
NO CLASSES: Monday, March 10th - Saturday, March 15th - MARCH BREAK
2024/2025 GO Fees are for season: July 1st 2024 - June 30, 2025
Credit will be applied for any classes cancelled due to inclement weather/ facility issues
VZ is unable to provide make up classes or credit for classes missed for personal reasons

Updated October 28

REGISTRATION OPENS FRIDAY, NOVEMBER 1ST @ 9AM!