



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

SUMMER 2025 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50	5-5:50	6-6:50	7-7:50	8 - 8:50	COSTS
MONDAY		Active 3s	FSS 8+	*ADV FSS 10+ (7:00 - 8:20)		\$150.00 *\$240.00
July 7 - August 25		Active 4s	COMPETITIVE TEAM TRAINING			
7 classes		TRA 5/6				
TUESDAY		Parent & Tot	GN 5/6	GN 10/12		\$175.00
July 8 - August 26		Active 3-4s	GN 7/9	TRA 13+		
8 classes		GN 5/6				
WEDNESDAY		TRA 7/9		TRA 10+ (7:30-8:20)		\$175.00 *\$280.00
July 9 - August 27			*ADV REC 10+ (6:00-7:20)			
8 classes		COMPETITIVE TEAM TRAINING				
THURSDAY						
FRIDAY						

WEEKEND SCHEDULE

	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	COSTS
SATURDAY	Open for Birthday Parties & Public Jumping on select weekends					
SUNDAY	Open for Birthday Parties & Public Jumping on select weekends					

LEGEND:

FSS = Freestyle Ski & Snowboard

GN = Go Ninja

TRA = Trampoline Gymnastics (Beginner/ Intermediate)

ADV REC = Advanced Recreational (Athletes should already be learning proper inversions)

NOTES:

All costs are subject to HST

NO CLASSES: Monday, August 4th

2025/2026 GO Fees are due as of July 1st 2025

Credit will be applied for any classes cancelled due to inclement weather/ facility issues

VZ is unable to provide make up classes or credit for classes missed for personal reasons

Contact us for Birthday Party or Group Booking inquiries

Summer pricing! Monday - Pay for 6 classes and get 7! Tuesday & Wednesday - Pay for 7 classes and get 8!

Updated May 13

REGISTRATION OPENS Friday, May 16th @9am!