



EARLY FALL 2025 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50 pm	5-5:50 pm	6-6:50 pm	7-7:50 pm	8-8:50 pm	COSTS
MONDAY Sept 8 - Oct 27 7 classes	TRA 7-9 (4:30-5:20 pm) PJ - FSS friendly (3-3:50 pm)			*ADV FSS 10+ (7:30 - 8:50 pm)		\$192.50 *\$308 Monday only 7 weeks
	Competitive Team Training					
TUESDAY Sept 9 - Oct 28 8 classes	Parent & Tot Active 3-4s TRA 5-6	Active 3s Active 4s TRA 5-6	TRA 10-12 TRA 7-9	TRA 13+ TRA 10-12		\$220
WEDNESDAY Sept 10 - Oct 29 8 classes	10:30-11:20 am Active 2s, 3s & 4s 4-4:50 pm		11:30 am - 12:20 pm Ages 2+ Public Jumping 5-5:50 pm		8-8:50 pm	\$220 *\$352
		*ADV REC 8+ (5:30-6:50 pm)		*ADV REC 11+ (7:00-8:20 pm)		
	Competitive Team Training					
THURSDAY Sept 11 - Oct 30 8 classes	Active 3-4s GO Ninja 5-6 GO Ninja 5-6	GO Ninja 7-9 GO Ninja 10-12	TRA 7-9	TRA 10-12		\$220
	Competitive Team Training					
FRIDAY Sept 5 - Oct 24 8 classes	Active 3s Active 4s GO Ninja 5-6	GO Ninja 5-6 GO Ninja 7-9	GO Ninja 7-9 ADV GN 8+	TRA 10+ PJ - FSS friendly (7-7:50 pm)		\$220

WEEKEND SCHEDULE

	9-9:50 am	10-10:50 am	11-11:50 am	12-12:50 pm	1-1:50 pm	COSTS
SATURDAY Sept 6 - Nov 1 8 classes	Parent & Tot Active 3s Active 4s	Parent & Tot Active 3-4s TRA 5-6	GO Ninja 5-6 TRA 7-9	GO Ninja 7-9 TRA 10+	Parties & PJ at 1:30 pm	\$220
SUNDAY	Open for Birthday Parties & Public Jumping					

LEGEND:
FSS = Freestyle Ski & Snowboard
GN = GO Ninja recreational class
TRA = Trampoline Gymnastics recreational class (Beginner/ Intermediate level)
ADV REC = Advanced recreational class (Athletes should already be learning proper inversions)
ADV GN = Advanced GO Ninja recreational class (Athletes should already have basic vaults)
PJ = Public Jumping

NOTES:
All costs are subject to HST
NO CLASSES: Saturday, October 11th - THANKSGIVING
NO CLASSES: Monday, October 13th - THANKSGIVING
2025/2026 GO Fees are for season: July 1st 2025 - June 30th, 2026
Credit will be applied for any classes cancelled due to inclement weather/ facility issues
VZ is unable to provide make up classes or credit for classes missed for personal reasons

Updated July 12th

REGISTRATION OPENS WEDNESDAY JULY 16th @ 9 AM!



LATE FALL 2025 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50 pm	5-5:50 pm	6-6:50 pm	7-7:50 pm	8-8:50 pm	COSTS
MONDAY Nov 3 - Dec 15 7 classes	TRA 7-9 (4:30-5:20 pm) PJ - FSS friendly (3-3:50 pm)			*ADV FSS 10+ (7:30 - 8:50 pm)		\$192.50 *\$308
	Competitive Team Training					
TUESDAY Nov 4 - Dec 16 7 classes	Parent & Tot Active 3-4s TRA 5-6	Active 3s Active 4s TRA 5-6	TRA 10-12 TRA 7-9	TRA 13+ TRA 10-12		\$192.50
WEDNESDAY Nov 5 - Dec 17 7 classes	10:30-11:20 am Active 2s, 3s & 4s 4-4:50 pm		11:30 am - 12:20 pm Ages 2+ Public Jumping 6-6:50 pm		8-8:50 pm	\$192.50 *\$308
		*ADV REC 8+ (5:30-6:50 pm)		*ADV REC 11+ (7:00-8:20 pm)		
	Competitive Team Training					
THURSDAY Nov 6 - Dec 18 7 classes	Active 3-4s GO Ninja 5-6 GO Ninja 5-6	GO Ninja 7-9 GO Ninja 10-12	TRA 7-9	TRA 10-12		\$192.50
	Competitive Team Training					
FRIDAY Nov 7 - Dec 19 7 classes	Active 3s Active 4s GO Ninja 5-6	GO Ninja 5-6 GO Ninja 7-9	GO Ninja 7-9 ADV GN 8+	TRA 10+ PJ - FSS friendly (7-7:50 pm)		\$192.50

WEEKEND SCHEDULE

	9-9:50 am	10-10:50 am	11-11:50 am	12-12:50 pm	1-1:50 pm	COSTS
SATURDAY Nov 8 - Dec 20 7 classes	Parent & Tot Active 3s Active 4s	Parent & Tot Active 3-4s TRA 5-6	GO Ninja 5-6 TRA 7-9	GO Ninja 7-9 TRA 10+	Parties & PJ at 1:30 pm	\$192.50
SUNDAY	Open for Birthday Parties & Public Jumping					

LEGEND:
FSS = Freestyle Ski & Snowboard
GN = GO Ninja recreational class
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ADV REC = Advanced recreational class (Athletes should already be learning proper inversions)
ADV GN = Advanced GO Ninja recreational class (Athletes should already have basic vaults)
PJ = Public Jumping

NOTES:
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Updated July 12th

REGISTRATION OPENS WEDNESDAY JULY 16th @ 9 AM!