



VERTICAL ZONE™
TRAMPOLINE CLUB
TAKE FLIGHT

SUMMER 2026 RECREATIONAL CLASS SCHEDULE

WEEKDAY SCHEDULE

	4-4:50	5-5:50	6-6:50	7-7:50	8 - 8:50	COSTS
MONDAY		PJ - all ages	INTRO FSS 8+	*ADV FSS 10+ (7:00 - 8:20)		\$220.00
July 6 - Aug 31		*ADV REC 8+ (5:00-6:20)				*\$352
8 classes	COMPETITIVE TEAM TRAINING					
	4-4:50	5:15-6:05	6:15-7:05	7:15-8:05		COSTS
TUESDAY		Parent & Tot	GN 5/6	GN 10/12		\$247.50
July 7 - Sept 1		Active 3-4s	GN 7/9	TRA 13+		
9 classes		TRA 5/6				
	4-4:50	5-5:50	6-6:50	7-7:50	8-8:50	COSTS
WEDNESDAY		TRA 7/9	*ADV FSS 10+ (6:00-7:20)	TRA 10+ (7:30-8:20)		\$247.50
July 8 - Sept 2		PJ - all ages	COMPETITIVE TEAM TRAINING			*\$396
9 classes						
THURSDAY						
FRIDAY						

WEEKEND SCHEDULE

	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	COSTS
SATURDAY	Open for Birthday Parties & Public Jumping on select weekends					
SUNDAY	Open for Birthday Parties & Public Jumping on select weekends					

LEGEND:
 FSS = Freestyle Ski & Snowboard
 GN = Go Ninja
 TRA = Trampoline Gymnastics (Beginner/ Intermediate)
 ADV REC = Advanced Recreational (Athletes should already to learning proper inversions)
 ADV NINJA = Advanced GO Ninja recreational class (Athletes should already have basic vaults)
 ADV FSS = Advanced Freestyle Ski & Snowboard (Athletes should already have basic inversions)
 PJ = Public Jump

NOTES:
 All costs are subject to HST
NO CLASSES: Monday, August 3rd
 2026/2027 GO Fees are due as of July 1st 2026
 Credit will be applied for any classes cancelled due to inclement weather/ facility issues
 VZ is unable to provide make up classes or credit for classes missed for personal reasons
 Contact us for Birthday Party or Group Booking inquiries