



LATE FALL 2026 RECREATIONAL CLASS SCHEDULE

MONDAY'S November 9 - December 21 7 classes	5:40-6:30 pm	6:40-7:30 pm	7:30-8:50 pm		COSTS \$199.50 *\$319.20
	ADV Ninja 5:40 pm	Intro FSS 6:40-7:30	*ADV FSS 10+ (7:30 - 8:50 pm)		
	Public Jumping - all ages (4:30-5:30 pm)				
	Competitive Team Training				
TUESDAY'S November 3 - December 15 7 classes	5:20-6:10 pm	6:15-7:05 pm	7:10-8:00 pm		COSTS \$199.50
	Active 3-4's	Intermediate 5-6's	TRA 7-9		
	Active 5-6's	TRA 7-9	TRA 10-12		
	TRA 7-9	TRA 10-12	TRA 13+		
WEDNESDAY'S November 4 - December 16 7 classes		12:30 pm - 1:30 pm			COSTS *\$319.20
		Public Jumping - all ages			
	5-5:50 pm	6-6:50 pm	7-8:20 pm		
	*ADV REC 8+ (5:30-6:50)		*ADV FSS 10+ (7:00 - 8:20 pm)		
	Competitive Team Training				
THURSDAY'S November 5 - December 17 7 classes	5-5:50 pm	6-6:50 pm	7-7:50 pm		COSTS \$199.50
	Active 3-4's	GO Ninja 7-9	TRA 10+		
	Active 5-6's				
	GO Ninja 7-9	Competitive Team Training			
FRIDAY'S November 6 - December 18 7 classes	5-5:50 pm	6-6:50 pm	7-7:50 pm		COSTS \$199.50
	Active 3-4's	Intermediate 5-6's	TRA 10+		
	Active 5-6 's	GO Ninja 7-9	Public Jump - all ages (7:00-7:50 pm)		
	GO Ninja 7-9	GO Ninja 10-12			
SATURDAY'S November 7 - December 19 7 classes	9-9:50 am	10-10:50 am	11-11:50 am	Afternoon	COSTS \$199.50
	Active 3-4's	Parent & Tot	Intermediate 5-6's	Birthday Parties & Public Jump	
	Intermediate 5-6's	Active 3-4's	TRA 7-9		
	TRA 7-9	Active 5-6's	TRA 10-12		
SUNDAY'S	Open for Birthday Parties & Public Jumping				

LEGEND:

FSS = Freestyle Ski & Snowboard
TRA = Trampoline Gymnastics recreational class (Beginner/ Intermediate level)
ADV REC = Advanced recreational class (Athletes should already be learning proper inversions)
ADV Ninja = Advanced GO Ninja recreational class (Athletes should already have basic vaults)
PJ = Public Jumping

NOTES:

All costs are subject to HST
2026/2027 GO Fees are \$55 for season: July 1st 2026 - June 30th, 2027
VZ is unable to provide make up classes or credit for classes missed for personal reasons

Updated Sept 23rd

REGISTRATION STARTS WEDNESDAY, SEPTEMBER 30TH @ 11AM!